

Week 1		Week 2		Week 3		Week 4				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday			
<b>MEAT FREE MONDAYS</b> Tomato & Basil Pasta served with Garlic Bread Pizzo Bread Cheesy topped Omelette served with Baked Sautéed Potatoes	Chicken Karma Curry served with 50/50 rice & Naan Bread Quorn Lasagne served with Garlic Bread	Traditional Gammron Roast Dinner served with Roast/Mash Potatoes & Gravy Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Filler Fish Fingers served with chips Margherita Pizze served with chips	<b>MEAT FREE MONDAYS</b> Tomato & Vegetable Pasta Bake served with Garlic Bread Cheese & Rice Flan served with Herbie potatoes	Bacon Brunch Bacon, Hash Browns, Omelette Quorn Sausage Brunch Quorn Sausage, Hash Browns, Omelette	Roast Turkey Roast Dinner served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & Gravy	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Filler Fish Fingers or Non-Fried Salmon Filler served with chips Margherita Pizze served with chips	29/08/22 06/03/23 26/09/22 17/04/23 31/10/22 15/05/23 28/11/22 19/06/23 02/01/23 17/07/23 30/01/23
<b>MEAT FREE MONDAYS</b> Peas & Sweetcorn, Salad Bar Frank's Welsh Ice Cream tub, Cheese & Crackers, Fresh Fruit	Green Beans, Salad Bar Jelly & Ice Cream, Yoghurt, Fresh Fruit	Carrots, Broccoli, Salad Bar Ginger Biscuit with a wedge of Fruit, Yoghurt, Fresh Fruit	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Hungarian Biscuit with Orange wedge, Yoghurt, Fresh Fruit Garden Peas, Salad Bar	<b>MEAT FREE MONDAYS</b> Vegetarian Neopolitan Spaghetti served with Garlic, clough Balls Vegan Sausage Roll served with oven baked potato wedges	Oven Baked Chicken Chunks served with Herbie Potatoes Vegetable Curry served with naan, bread & 50/50 boiled rice	Savoury Minced Beef in Gravy served with Roast/Mash Potatoes & a Yorkshire pudding Quorn Sausage Dinner served with Roast/Mash Potatoes & Gravy	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Henry Ramsden Junior Fish in Barter or Non-fried Salmon Filler served with chips Margherita Pizze served with chips Garden Peas, Salad Bar	12/09/22 13/02/23 10/10/22 20/03/23 14/11/22 01/05/23 12/12/22 05/06/23 16/01/23 03/07/23
<b>MEAT FREE MONDAYS</b> Creamy Tomato Pasta Bake served with Garlic Bread Cheese & Rice Flan served with Herbie Potatoes	Butcher's Sausage Hot Dog served with oven baked potato wedges Vegetarian Enchiladas served with Veg of the Day	Gluten Free Pork and Carrot Meatballs served with Roast/Mash Potatoes & Gravy Roast Vegetarian Meatball Dinner served with Roast/Mash Potatoes & Gravy	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Filler Fish Fingers or Non-fried Salmon Filler served with chips Margherita Pizze served with chips	Flavourd Angel Whip, Cheese & Crackers, Fresh Fruit Vegetable Medley, Salad Bar	Jelly & ice cream, Yoghurt, Fresh Fruit Spaghetti Hoops, Salad Bar	Carrots, Broccoli, Salad Bar Flapjack Cookie with a wedge of fruit, Yoghurt, Fresh Fruit	<b>DEU DAY</b> Selection of Deli Sandwiches, Wraps & Bagnettes served with Warm postia salad Filled Jacket Potato served with a side salad Salad Bar	Chocolate Orange cookie with Orange wedge, Yoghurt, Fresh Fruit	19/09/22 27/02/23 17/10/22 08/05/23 21/11/22 12/06/23 19/12/22 10/07/23 23/01/23
Peas & Sweetcorn, Salad Bar Frank's Welsh Ice Cream tub, Cheese & Crackers, Fresh Fruit	Baked beans, Salad Bar Fairy drizzle muffin, Cheese & Crackers, Fresh Fruit	Carrots, Broccoli, Salad Bar Raspberry bun with a wedge of Fruit, Yoghurt, Fresh Fruit	Marble sponge & custard, Crackers & Cheese, Fresh Fruit Salad Bar	Homemade Chocolate Muffin with Orange wedge, Yoghurt, Fresh Fruit						

Meat free: Served Daily: Filled Jacket Potatoes with a daily choice of various fillings Salad Bar - includes 5 items Assorted Breads Drinks: Chilled Milk, Milkshake and Water